

Become a Coach

Building leadership. Building communities.

By learning how to become a coach, you can provide a positive experience for others and for yourself. Coaches represent many different roles to many different people. Coaches are viewed as teachers, mentors, role models, friends, and as leaders in the community in which they become involved. Coaches contribute to the community, have an enormous effect on the development of our youth, and participate in a great learning experience.

Good coaching is fundamental to community sport. By becoming a valued member of the community, good coaches can share the positive aspects of an active lifestyle. The role of a coach allows you to teach things such as teamwork, character building, and the fundamental skills of the sport to participants who are eager to learn.

Coaches can help to train any type of participant, from beginners to Olympians, and everyone in between.

The National Coaching Certification Program

Good coaches have the right qualifications and training in order to effectively deliver their services, especially when young people are involved. The Jordan Olympic committee in association with the Coaching Association of Canada (CAC) and its partners have developed a training and certification program to help coaches become better.

Are you interested in becoming a better coach? If so, you should consider coach training. The National Coaching Certification Program (NCCP) is a coach training and certification program for 65 different sports and is offered in both Arabic and English languages. NCCP workshops are designed to meet the needs of all types of coaches, from the first-time coach to the head coach of a national team.

Training and Certification

A coach is described as:

- In Training – when a coach has completed some of the required training for a context;
- Trained – when a coach has completed all required training for a context;
- Certified – when a coach has completed all evaluation requirements for a context.

The NCCP model distinguishes between training and certification. Coaches can participate in training opportunities to acquire or refine the skills and knowledge required for a particular coaching context as defined by the sport. However, to become certified in a coaching context, coaches must be evaluated on their demonstrated ability to perform within that context in areas such as program design, practice planning, performance analysis, program management, ethical coaching, support to participants during training, and support to participants in competition.

Certified coaches enjoy the credibility of the sporting community and of the athletes they coach because they have been observed and evaluated “doing” what is required of them as a competent coach in their sport. They are recognized as meeting or exceeding the high standards embraced by more than 60 national sport organizations in Canada. Fostering confidence at all levels of sport, certification is a benefit shared by parents, athletes, sport organizations, and our communities.

Confused about what kind of training you need to become a coach? JOC in association with the CAC has developed a tool to help coaches identify which coaching context is right for you and which workshops you need to be identified as “Trained” or “Certified” in your sport. Answer a few simple questions, and the tool will generate the coaching context that best suits your needs as a coach and the needs of your participants. It will also provide you with the list of all requirements to become a “Trained” or “Certified” coach in your sport.

Training versus Certification

Through the NCCP, coaches have the opportunity to participate in training, which will help them to improve the sport experience for their participants. Coaches who choose training will have opportunities to acquire or refine the skills, knowledge, and attitudes needed to coach more effectively.

However, coaches may also choose to be evaluated on their ability to be a better coach. Successful evaluation will result in the coach becoming not only a trained coach, but a certified one as well. Coaches are evaluated on their competency in several areas, which may include: program design, practice planning, performance analysis, program management, ethical coaching, support to participants during training, and support to participants in competition.